



**[emergencyfirstresponse.com](http://emergencyfirstresponse.com)**



EMERGENCY FIRST RESPONSE™

# Courses

Creating Confidence to Care<sup>SM</sup>



# Why Emergency First Response?

**Emergency First Response** is one of the foremost CPR and first aid training companies in the world. With more than 31,000 expert instructors, award-winning course materials and a simplified approach to training, Emergency First Response makes CPR and first aid easy to learn, giving you the confidence you need to respond in a medical emergency.



# About Our Courses

Emergency First Response courses combine **adult, child and infant CPR and first aid skills**, and have the option of including Automatic External Defibrillator (AED) training and emergency oxygen use. They can be taught together, as stand alone courses or in any combination. Course delivery can be customised to meet your timing and training needs.

**Emergency First Response courses** follow ECC Guidelines 2005 for Cardiopulmonary Resuscitation and the emergency cardiovascular care standards set by the Basic Life Support (BLS) Working Group of the International Liaison Committee on Resuscitation (ILCOR.)



# Instructional Innovation

## Effective, Efficient and Entertaining

The innovative **independent study** method of delivery helps you learn and remember and is flexible enough to accommodate many learning styles. With independent study, your time with your Emergency First Response Instructor is focused on practical skills rather than lecturing.

Though Emergency First Response courses and materials lend themselves well to independent study, there are many different ways to learn. In some cases, a personal delivery in a class-type environment offers its own advantages. You decide with your Emergency First Response Instructor which method works best for you.



# Emergency First Response Courses

## CPR/AED

This is a **stand-alone CPR and AED course** that typically takes about 2.5 to three hours to complete. It encompasses one and two rescuer CPR and AED training for adults with the option to include training for infants and children.

This is the ideal course for businesses that need to meet compliance requirements while minimising time spent away from the job.

**Click on [emergencyfirstresponse.com](http://emergencyfirstresponse.com) or call us today for further information!**





# Primary Care (CPR) Course

**Emergency First Response Primary Care (CPR)** teaches you to respond to life-threatening emergencies, and gives you confidence in your ability to provide care when emergency situations arise.



Some of the skills you'll learn in this class include scene safety assessment, communicable disease protection, CPR, obstructed airway, serious bleeding, shock and spinal injury management. Optional recommended skills are AED training and emergency oxygen administration.



**Ready to get started? Call your Emergency First Response Instructor today!**

# Emergency First Response Secondary Care (First Aid) Course

Emergency First Response Secondary Care (first aid) covers injuries or illnesses that are not immediately life-threatening. In this course you'll learn injury assessment, illness assessment, bandaging and splinting.

*Your course manual also includes extensive reference information about first aid in specific situations.*

**Click on [emergencyfirstresponse.com](http://emergencyfirstresponse.com)  
or call us today to schedule your  
CPR and first aid training program!**







## Care for Children

The **Emergency First Response Care for Children** course is an innovative CPR, AED and first aid training course that teaches you how to provide emergency care for injured or ill infants and children. You'll learn the types of medical emergencies children face and how they differ from adult conditions. The course also addresses the emotional aspects of caring for children, secondary care for children and preventing common injuries and illnesses in children.

The course includes both CPR and first aid skills. The primary care portion of the course prepares you to render aid to an infant or child with a life-threatening emergency such as choking or cardiac arrest. Secondary

care focuses on developing secondary patient care skills and building your confidence to give first aid to an infant or child in need. The Care for Children course content is based on guidelines from the Pediatric Working Group of ILCOR.

**Be prepared. Call your Emergency First Response Instructor to arrange a Care for Children course today!**

*“After taking the Care for Children course, I am more confident about being able to provide first aid care to my children. I strongly recommend that anyone who has children or works with children take this course.”*

*Katherine Griffiths  
Perth, Australia*



# Make a Difference – Pass it On!

We all benefit from a community of well-trained emergency responders. Build on what you learned in the Emergency First Response Primary Care, Secondary Care and Care for Children courses by **becoming an Emergency First Response Instructor**. The demand for CPR, AED and first aid instructors has never been greater. Teach others life-saving skills and give them the confidence to respond when faced with a medical emergency.



In the Instructor Course, you'll become skilled at teaching CPR, AED and first aid courses. If you are at least 18 years old and have completed adult, child and infant CPR and first aid training in the past 24 months or are a practicing medical professional, you are eligible to enter the Emergency First Response Instructor Course. Visit [emergencyfirstresponse.com](http://emergencyfirstresponse.com) or call us today for further information.

# Find a Course Near You

To find an Emergency First Response course near you, contact your local Emergency First Response Instructor or alternatively you can either visit [emergencyfirstresponse.com](http://emergencyfirstresponse.com) and click on the Course Finder link, email [info@emergencyfirstresponse.com.au](mailto:info@emergencyfirstresponse.com.au) or phone +61 2 9454 2980 to be put in touch with an Emergency First Response Instructor in your area.

## A World of Info at Your Fingertips

Visit the Emergency First Response website at [emergencyfirstresponse.com](http://emergencyfirstresponse.com) to read more about these courses, visit our frequently asked questions section, or click on Get Prepared to download interesting and informative articles on emergency preparedness.

